5 Power Questions to Shape Your Next Career Move



#### THE NAVIGATOR'S TOOLKIT



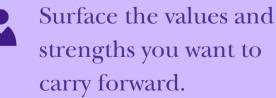
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#### **INTRODUCTION**

We call this "The Navigator" because it's not about drifting with the current. It's about setting your own course, even when the waters feel uncertain.

#### This guide will help you:



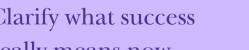




Clarify what success really means now.



Feel more confident about what you need, what you'll flex on and where you're going next.







You don't need all the answers to get started - but you do need the right questions.

# OF UK EMPLOYEES are currently considering A CAREER CHANGE



# What is the real reason I want to change?

CHANGING CAREERS
ISN'T ABOUT
STARTING OVER —
IT'S ABOUT
REALIGNING WITH
WHO YOU WERE ALWAYS
MEANT TO BE,
BEFORE FEAR, ROUTINE,
OR EXPECTATIONS GOT IN THE WAY

## Beyond frustration or curiosity, what is driving this desire to move? Growth? Belonging? Security? Impact?





Try This:

Write a sentence starting with: "If I'm honest, I want change because..."



Surface the values and strengths you want to carry forward.

## What strengths and experiences will I take with me?

#### ONE IN 1 FIVE **FEEL UNDERQUALIFIED** TO SWITCH **OF UK WORKERS LACK CONFIDENCE IN** THEIR SKILLS TO MAKE **A CHANGE**



### What do people consistently thank you for? What have you learned to do better than most?





Try This:

List your 5 strongest transferable skills. Add one example for each.



# CLARIFY WHAT SUCCESS REALLY MEANS NOW

What will success feel like in the first year of my new chapter?



#### **NEARLY 1**<sub>IN</sub>

4 UK WORKERS
PLAN TO LEAVE
THEIR CURRENT ROLES



A 2025 REPORT FOUND THAT ALMOST 25% OF EMPLOYEES IN THE UK ARE PLANNING TO QUIT THEIR JOBS

## Picture yourself 12 months into a change. What will tell you it was the right decision?





Try This:

Finish the sentence: "I'll know this move was a success when..."



#### MOTIVATIONAL BREAKDOWN FOR JOB CHANGERS

51% SEEK BETTER PAY AND BENEFITS

27% CRAVE IMPROVED JOB SATISFACTION

24% WANT BETTER WORK-LIFE BALANCE

23% ARE LOOKING FOR A DIFFERENT TYPE OF JOB

THE KEY TO A
FULFILLING
CAREER MOVE
IS CLARITY:
WHAT'S A MUST-HAVE,
AND WHAT'S NEGOTIABLE?
THE ART IS IN
BALANCING BOTH.

What are my non-negotiables and what can flex?





### Be clear about what you can compromise on and what you can't.



Try This:

Draw two columns: Must Have | Nice to Have

Write up to 5 items in each.



CAREER CHANGE DOESN'T HAPPEN IN A VACUUM— IT HAPPENS IN CONVERSATION, COLLABORATION, AND COMMUNITY.

Who can help me find clarity and build momentum?





## Career change doesn't happen in isolation. Who can share insight or support?





month.

Try This: List 3 people you'll talk to in the next





The best navigators don't wait for certainty - they start with curiosity, self-belief and the willingness to take the next step.

Schedule your Discovery Call: www.enapayconsulting.com

