

5 Power Questions to Shape Your Next Career Move



THE NAVIGATOR'S TOOLKIT



www.enapayconsulting.com

INTRODUCTION

We call this “The Navigator” because it’s not about drifting with the current.
It’s about setting your own course, even when the waters feel uncertain.

This guide will help you:



VALUES



Surface the values and strengths you want to carry forward.



Clarify what success really means now.



Feel more confident about what you need, what you’ll flex on and where you’re going next.

40%
OF UK EMPLOYEES
are currently
considering



**A CAREER
CHANGE**

What is the real reason I
want to change?

**CHANGING CAREERS
ISN'T ABOUT
STARTING OVER —
IT'S ABOUT
REALIGNING WITH
WHO YOU WERE ALWAYS
MEANT TO BE,
BEFORE FEAR, ROUTINE,
OR EXPECTATIONS GOT IN THE WAY**

Beyond frustration or curiosity, what is driving this desire to move? Growth? Belonging? Security? Impact?



Try This:

Write a sentence starting with: “If I’m honest, I want change because...”

**Surface
the values
and strengths
you want to
carry
forward.**

What strengths and experiences
will I take with me?

**ONE IN
1 FIVE
FEEL UNDERQUALIFIED
TO SWITCH
20%
OF UK WORKERS LACK
CONFIDENCE IN
THEIR SKILLS TO MAKE
A CHANGE**

What do people consistently thank you for? What have you learned to do better than most?



Try This:

List your 5 strongest transferable skills. Add one example for each.

**CLARIFY
WHAT
SUCCESS
REALLY
MEANS NOW**

What will success feel like in
the first year of my
new chapter?



**NEARLY 1 IN
4 UK WORKERS
PLAN TO LEAVE
THEIR CURRENT ROLES**



**A 2025 REPORT FOUND THAT
ALMOST 25% OF EMPLOYEES
IN THE UK ARE PLANNING
TO QUIT THEIR JOBS**

Picture yourself 12 months into a change. What will tell you it was the right decision?



Try This:

Finish the sentence: “I’ll know this move was a success when...”

MOTIVATIONAL BREAKDOWN FOR JOB CHANGERS

51% SEEK BETTER
PAY AND BENEFITS

27% CRAVE
IMPROVED JOB
SATISFACTION

24% WANT BETTER
WORK-LIFE BALANCE

23% ARE LOOKING FOR
A DIFFERENT TYPE
OF JOB

THE KEY TO A
FULFILLING
CAREER MOVE
IS CLARITY:
WHAT'S A MUST-HAVE,
AND WHAT'S NEGOTIABLE?
THE ART IS IN
BALANCING BOTH.

What are my non-negotiables
and what can flex?



Be clear about what you can compromise on and what you can't.



Try This:

Draw two columns: Must Have | Nice to Have

Write up to 5 items in each.

CAREER CHANGE
DOESN'T HAPPEN
IN A VACUUM —
IT HAPPENS IN
CONVERSATION,
COLLABORATION,
AND COMMUNITY.

Who can help me find
clarity and build
momentum?

28%
INCREASE
in confidence and
clarity about career
growth after
coaching



Career change doesn't happen in isolation. Who can share insight or support?



Try This:

List 3 people you'll talk to in the next month.



The best navigators don't wait for certainty - they start with curiosity, self-belief and the willingness to take the next step.

Schedule your Discovery Call:

www.enapayconsulting.com

A handwritten signature in black ink, which appears to read "Sharon", with a long, sweeping underline.

